






December

HBF County

Please call your local center to confirm the menu for the day.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Pot Roast w/ Gravy 1/2c Mashed Potatoes 1/2c Mixed Vegetables Wheat Bread 1/2c pineapple</p> 	<p>3</p> <p>Sweet & Sour Pork 1/2c. Rice 1/2c Broccoli & Cauliflower Blend 1 Dinner Roll Fresh Fruit</p>	<p>4</p> <p>Grilled Chicken w/Gravy 1/2c Whipped Potatoes w/Chives 1/2c Sweet Corn 1 White Bread 1 Cookie</p>	<p>5</p> <p>Italian Burger (Peppers, Onions, White Cheese) 1c Creamy Potato Soup 1 Hamburger Roll Seasonal Fresh Fruit</p> 	<p>6</p> <p>BBQ Pork Ribette 1/2c Hashbrown Cubes 1/2c Green Beans 1 Sandwich Bun 1/2c Pineapple Delight</p>
<p>9</p> <p>1c Beef & Dumpling 1/2c coleslaw Dinner roll 1/2c applesauce</p>	<p>10</p> <p>Grilled Chicken Salad (2oz Chicken, Cheddar, HB Egg over 1c Mixed Greens) 1c Cream of Broccoli Soup 1 Dinner Roll 1/2c pudding</p>	<p>11</p> <p>Burgundy Glazed Meatballs (4) 1/2c Rice 1/2c Carrots 1 Italian Breadstick Fresh Fruit</p>	<p>12</p> <p>Cajun Shrimp 1/2c Creamy Pasta 1/2c Peas 1 Breadstick 1/2c Pineapple</p> 	<p>13</p> <p>Western Omelet w/ Peppers, Onions, Cheese 1 Sausage Patty 1/2c Breakfast Potatoes 1 English Muffin w/ Jelly 4oz Apple Juice</p>
<p>16</p> <p>Pizza Burger (1oz Sauce, ..5oz Mozzarella) 1/2c Lemon Buttered Orzo 1/2c Brussel Sprouts Hamburger Bun 1/2c Peaches</p> 	<p>17</p> <p>Lasagna w/ Meat Sauce 1c Tossed Salad w/ Tomato 1/2c Green Beans 1 Garlic Breadstick Fresh Fruit</p>	<p>18</p> <p>Honey glazed Ham Au Gratin Potatoes Green Bean Almondine Dinner roll Pineapple upside cake</p> <p>Christmas Meal</p>	<p>19</p> <p>Cheeseburger 1/2c Potato Salad 1/2c 3 Bean Salad Hamburger Bun Fresh fruit</p>	<p>20</p> <p>Baked Crab Cake 1c Tomato Basil Bisque 1/2c California Blend Vegetables White Bread 1/2c Cinnamon applesauce</p>
<p>23</p> <p>Chicken & Dumplings 1/2c Mixed Vegetables Whole Grain Buttermilk Biscuit Fresh Orange</p>	<p>24</p> <p>Christmas Eve Closed</p>	<p>25</p> <p>Christmas Day!</p> 	<p>26</p> <p>Salisbury Steak w/ Gravy Baked Potato w/ Margarine 1/2c Broccoli 1 Wheat Bread 1/2c Pineapple</p>	<p>27</p> <p>Spaghetti & Meatballs (4) 3/4c Pasta w/ Marinara 1c Tossed Salad w/ Tomato 1 Garlic Breadstick 1/2c Mixed Fruit Salad</p>
<p>30</p> <p>Honey BBQ Chicken Breast 1/2c Brown Rice 1/2c Carrots Wheat Bread Seasonal Fresh Fruit</p>	<p>31</p> <p>New Years Eve! Pork 2oz Sauerkraut 1/2c Mashed Potatoes 1/2c corn 1/2c Pineapple & Mandarin Oranges Dinner roll</p>		