







# November

HBF County

Please call your local center to confirm the menu for the day.

Monday	Tuesday	Wednesday	Thursday	Friday
				<p>1</p> <p>Baked Crab Cake 1c Tomato Basil Bisque 1/2c California Blend Vegetables White Bread 1/2c Cinnamon applesauce</p>
<p>4</p> <p>Chicken &amp; Dumplings 1/2c Mixed Vegetables Whole Grain Buttermilk Biscuit Fresh Orange</p>	<p>5</p> <p><b>Election Day</b> Baked Cabbage Roll w/ 2oz Tomato Sauce 1/2c Garlic Whipped Potatoes 1/2c Carrots 1 Dinner Roll Fresh Fruit</p>	<p>6</p> <p>Stadium Hot Dog 1/2c Cheesy Potatoes 1 Hot Dog Roll 1/2c Pineapple &amp; Mandarin Oranges Ketchup, Mustard, Relish</p>	<p>7</p> <p>Salisbury Steak w/ Gravy Baked Potato w/ Margarine 1/2c Broccoli 1 Wheat Bread 1/2c Gelatin</p>	<p>8</p> <p>Rotini &amp; Meatballs (4) 3/4c Pasta w/ Marinara 1c Tossed Salad w/ Tomato 1 Garlic Breadstick 1/2c Mixed Fruit Salad</p>
<p><b>Veteran's Day!</b></p> <p>11</p> <p>Closed</p> 	<p>12</p> <p>1c Chili 1/2oz Cheddar cheese 1c Tossed Salad w/ Tomato cornbread 1/2 Applesauce</p>	<p>13</p> <p>Swedish Meatballs (4) w/ Gravy 1/2c Buttered Noodles 1/2c Peas 1 Dinner Roll 1/2c Blushed Pears</p>	<p>14</p> <p>Baked Fish 1/2c Macaroni &amp; Cheese 1/2c Stewed Tomatoes 1 Wheat Bread Seasonal Fresh Fruit</p>	<p>15</p> <p>Taco Salad (3oz Taco Meat, .5oz Cheddar, Lettuce, Tomato, Salsa) Tortilla Chips 1c Tortilla Soup 1/2c Pineapple</p>
<p>18</p> <p>Sloppy Joe Baked Potato 1/2c Green Beans 1 Hamburger Bun Fresh Fruit</p>	<p>19</p> <p>Turkey Chef Salad (2oz Turkey, Egg, Cheddar, over 1c Mixed greens w/ Tomato) 1c Vegetable soup 1 dinner roll 1/2c pudding</p>	<p>20</p> <p>Roast Turkey w/gravy 2oz Stuffing 1/2c Whipped Potatoes 1/2c Mixed Vegetables 1 Dinner Roll Pumpkin Cake</p> <p>Thanksgiving Meal</p>	<p>21</p> <p>Tuna Salad Sandwich (4oz) 1/2c pickled Beets 1/2c Coleslaw 2 White Bread Fresh Fruit</p>	<p>22</p> <p>Chicken Alfredo 1/2c Noodles 1/2c Broccoli 1 Garlic Breadstick 1/2c Apple cranberry crisp</p> 
<p>25</p> <p>Baked Meatloaf w/ Gravy Scalloped Poatoes 1/2c Beets 1 White Bread Seasonal Fresh Fruit</p>	<p>26</p> <p>Chicken Bacon Carbonara (3oz Chicken, 1/2ox Bacon) 1/2c Pasta 1/2c California Blend Vegetables 1 Breadstick 1/2c Mandarin Orange</p> 	<p>27</p> <p>Sliced Ham 1/2c Orange Blossom Sweet Potatoes 1/2c Peas &amp; Carrots 1 Dinner Roll 1 Cookie</p>	<p><b>Happy Thanksgiving!</b></p> <p>28</p>  <p>Closed</p>	<p>29</p>